

BREAKFAST

NOME-BELTZ February 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Sandwich or Assorted Whole Grain Cereals Peaches	2 Oatmeal Yogurt or Assorted Whole Grain Cereals Pears	3 Biscuits & Sausage Gravy Or Assorted Whole Grain Cereal Mixed Fruit
6 Pancakes w/ Syrup Or Assorted Whole Grain Cereals Pineapple	7 Biscuit Breakfast Sandwich Or Assorted Whole Grain Cereals Cinnamon Apples	8 Whole Grain Muffins Or Assorted Whole Grain Cereals Peaches	9 Yogurt Parfait Or Assorted Whole Grain Cereals Mandarin Oranges	10 Bagel with Cream Cheese Or Assorted Whole Grain Cereals Tropical Fruit
13 French Toast Or Assorted Whole Grain Cereals Applesauce	14 Blueberry Bagel w/ Cream Cheese or Assorted Whole Grain Cereals Pears	15 Breakfast Burrito Or Assorted Whole Grain Cereals Mixed Fruit	16 Whole Grain Muffin Or Assorted Whole Grain Cereals Pineapple	17 In-Service Day
20 In-Service Day	21 Bagel w/Ham Or Assorted Whole Grain Cereals Mixed Fruit	22 Breakfast Pizza Or Assorted Whole Grain Cereals Pears	23 Waffles Or Assorted Whole Grain Cereal Peaches	24 Breakfast Burrito Or Assorted Whole Grain Cereals Tropical Fruit
27 Whole Grain Muffin Or Assorted Whole Grain Cereals Pineapple	28 Scrambled Eggs w/Ham On English Muffins Or Assorted Whole Grain Cereals Mixed Fruit	AVAILABLE DAILY: LOW FAT MILK WATER FRUIT OFFERING Menu subject to change.	 EQUAL OPPORTUNITY EMPLOYER	 Choose MyPlate.gov